



## ***Empowering older adults to thrive mentally!***

We are a hospital-based outpatient program designed to support the mental health of older adults experiencing depression, anxiety, and/or other mental challenges often associated with aging.

If you've recently experienced the loss of a loved one, changes in your physical or mental health, frequent feelings of sadness, worry, or hopelessness, and/or any other difficult life transitions, we can help!

Anyone can make a referral, contact us today!

**(989) 479-0200**